

Be the... Make a... **DIFFERENCE**



Girls on the Run is dedicated to creating a world where EVERY girl knows & activates her limitless potential and is free to boldly pursue her dreams.

COACH for Girls on the Run

Warm-up your spirit fingers & kind heart to inspire a group of girls to be strong and healthy. Each team of 15 girls needs 2 trained coaches to facilitate our easy-to-follow curriculum twice a week for 90 minutes after school. Over the course of 10 weeks in the conversation, laughter, hugs & energy awards, you will witness transformational change in the girls on your team.



*you
belong
here*

running experience not necessary

**for more info
sign up to be a coach
visit gotrnwil.org/coach**



**Our season runs the week of March 2
thru our celebration 5K events May 16 or 17
(program registration for girls begins January 8)**

Life comes at girls fast! Girls on the Run helps them find their pace.

