



Dr. Ferney Ramírez • How to help children with emotional stress, desperation, and social anxiety in these times of chaos

**Wednesday, April 28, 2021 • 7:00-8:30 p.m.
Presented in Spanish**

Psychologist Dr. Ferney Ramírez coordinates programs for families in Chicago and various Illinois school districts, and is the author of ten mental health publications. He is President of the Family First Organization, and has extensive experience in clinical psychology, couples therapy, and family counseling inside and outside of the United States. He obtained advanced degrees in Philosophy, Clinical Psychology, and Occupational Health in Colombia and was a professor at the Faculties of Psychology and Education, San Buenaventura University, Colombia.

How to help children with emotional stress, desperation, and social anxiety in these times of chaos

Confinement, not returning to school, and hearing negative news regarding the current situation has led many children and adolescents to generate certain emotional conflicts that must be dealt with in a timely and effective manner before they become more complex problems. In this workshop, Dr. Ferney Ramírez will share some specific recommendations to put into practice at home and prevent damage to your students' mental health.