

Woodstock CUSD 200 Face Covering Guidelines **For Parents/Guardians and Staff**

Face Covering Guidelines:

All individuals in school buildings must wear face coverings at all times unless they are younger than 2 years of age, have trouble breathing, or are unconscious, incapacitated, or otherwise unable to remove the cover without assistance.

Face coverings must be worn at all times in school buildings even when social distancing is maintained. Face coverings do not need to be worn outside if physical distance of 6 feet is maintained. Schools will develop strategies and practices for students and staff to take safe, periodic breaks throughout the day to remove face coverings. Families who have concerns about the use of face coverings should contact their building principal.

How cloth face coverings work:

Cloth face coverings may prevent the person wearing the face covering from spreading respiratory droplets when talking, sneezing, or coughing. If everyone wears a cloth face covering when out in public, such as going to the grocery store, the risk of exposure to viruses can be reduced. Since people may spread the virus before symptoms start, or even if people never have symptoms, wearing a cloth face covering may protect others around you.

General considerations for the use of face coverings:

When using a cloth face covering, make sure:

- The mouth and nose are fully covered
- The covering fits snugly against the sides of the face so there are no gaps
- You do not have any difficulty breathing while wearing the cloth face covering
- The cloth face covering can be tied or otherwise secured to prevent slipping
- Wash your cloth face-covering after each use in the washing machine or by hand using a bleach solution. Allow it to completely dry.
- Athletic neck warmers (neck gaiters) and bandanas are not permitted for use as a face covering.
- Masks with valves are not permitted for use as a face covering.

Students are encouraged to come to school with a supply of two fabric face coverings daily. The face covering may need to be changed during the day if the student coughs and/or sneezes and the face covering becomes saturated and uncomfortable for the student to continue to wear. Students and staff must ensure that the mouth and nose are fully covered and the covering fits snugly against the sides of the face so there are no gaps.

How to put on a face covering:

1. Clean your hands with soap and water or hand sanitizer before touching the face covering.
2. Make sure there are no obvious tears or holes in the face covering.
3. If you are using a disposable mask - the side of the mask that has a stiff bendable edge is the top and is meant to mold to the shape of your nose. The colored side of the mask should face away from you, while the white side touches your face.
4. Hold the face covering by the ear loops
5. Place a loop around each ear.

6. The top of the face covering should cover your nose. Pull the bottom of the mask over your mouth and chin. Try to fit snugly to the sides of your face.
7. Make sure you can breathe easily.
8. Clean your hands with soap and water or hand sanitizer.

How to remove a face covering:

1. Clean your hands with soap and water or hand sanitizer before touching the face covering, Avoid touching the front of the face covering as the front of it is contaminated after use. Only touch the ear loops/ties/band.
2. Hold both of the ear loops and gently lift and remove the mask.
3. Fold outside corners together. Outside of the face covering is considered contaminated.
4. Place disposable masks in a plastic bag and discard in the trash.
5. Wash cloth mask in washing machine or by hand. Dry completely before using.
6. Clean your hands with soap and water or hand sanitizer.

Options for storing the face covering during drinking and eating and student breaks outdoors:

1. Face coverings may be stored in a paper bag -label bag with student name
2. Face coverings may be stored in a plastic tub (pencil box) and placed on a paper towel in the plastic container first on a daily basis. When the student or staff member removes the face covering for eating or drinking in the classroom, the face covering should be placed face down, ear loops can hang over the sides of the container and then you can close the lid. Discard the paper towel at the end of the day and wash hands or use hand sanitizer when removing and putting on face covering (**provide a video for staff/students here.) stay tuned this will be added soon.**)
3. A breakaway lanyard may be used for each student for face covering storage prior to going outside for a break. Attach each clip of the breakaway lanyard to the face covering ear loops prior to going outside. Once the student arrives outside, they can remove their face covering and then it will be hanging on the student. The student must reapply the face covering prior to reentering the building.
4. **Face Covering Tips for Staff and Parents**

“Maskne” Tips for avoiding/treating skin breakdown from continued mask usage:

1. Cleanse skin with gentle cleanser, avoid drying cleansers and scrubs. Products to unblock clogged pores may be beneficial.
2. Avoid make-up or use oil-free make-up. Do not use petroleum jelly, products with hyaluronic acid or ceramides may be beneficial. Allow 30 minutes after application before putting on mask
3. For dry lips, use chapstick or waxy finish, avoid sticky glosses.

Additional Health Precautions:

[Showing Symptoms Stay Home](#)